



2024 ASAP Manual

College Station Little League (#3433306)

P.O. Box 9041

College Station, Texas 77842

www.collegestationlittleleague.com

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Safety Mission Statement

The safety and well-being of all participants in our program is paramount. We want to ensure that the young people playing in College Station Little League can grow up happy, healthy, and, above all, safe. Whether they are our children or the children of others, each of us has a responsibility to protect them.

It is the objective of our league to take all reasonable and practical measures to ensure the safety, health, and welfare of everyone involved in our organization. All managers, coaches, umpires, volunteers, parents, and players are required to cooperate and contribute to the overall success of this safety program by conducting themselves in such a way that enhances their safety and that of others.

No game is too important and no practice is so urgent that we cannot take the time to perform them safely.

College Station Little League Important Numbers:

President	Marc Ponder	979-255-6742
Vice President - Admin	Bryce Rasco	979-450-8204
Vice-President - Finance	Grant King	979-575-1208
Vice-President - Coaching	Jeremiah Schmidt	979-595-3195
Secretary	Shawn Grimm	979-203-4232
Player Agent	Virginia Schmidt	979-595-3335
Safety Officer	Marc Ponder	979-255-6742

Safety Officer

The Safety Officer is responsible for creating awareness and educating the league on the opportunities to provide a safer environment for children and all participants of Little League®. Protecting children and everyone in the league is the focus. Through the work of the league Safety Officer, the creation of a safe environment for all Little League participants can be established and sustained. In return, this will promote goodwill for families that participate in the local league and the community by keeping it safer for all participants.

CSLL Safety Officer:

Phone: 979-255-6742 Email: safety@collegestationlittleleague.com

EMERGENCY NUMBER: 911

Other Important Numbers:

College Station Police Department	979-764-3600
College Station Fire Department	979-764-3700
College Station Medical Center	979-764-5100
College Station Utilities	979-764-3636
College Station Parks & Rec	979-764-3486
Poison Control	800-222-1222

Injury Protocol

Any injury to a player, Team Manager, or coach must be reported to the CSLL Safety Officer and/or the League Official on duty immediately. Team Managers are also required to complete the [ASAP Incident/Injury Tracking Report](#), which is located in their ASAP manual, and turn it in to the CSLL Safety Officer within 48 hours of injury. The ASAP Incident/Injury Tracking Report can also be found on the College Station Little League website along with the [Accident Claim form](#) and [instructions](#).

Emergency Contact Procedures



Police



Fire



Rescue



Sheriff

The most important help you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured person. If this is not possible, send someone else to make the call from a nearby telephone. Be sure that you or another caller follows these steps.

1) First dial 9-1-1.

2) Give the dispatcher the necessary information. Answer any questions that he or she might ask.
Most dispatchers will ask:

- **The exact location or address of the emergency?** Include the name of the city or town, nearby intersections, landmarks, etc. as well as the field name and location of the facility, if applicable.

Our address is:

Bachmann: 1600 Rock Prairie Rd.

Wayne Smith: 107 Holleman Dr.

- **The telephone number from which the call is being made?**
- **The caller's name?**
- **What happened** — i.e., a baseball-related accident, bicycle accident, fire, fall, etc.?
- **How many people are involved?**
- **The condition of the injured person** — i.e., unconscious, chest pains, or severe bleeding?
- **What help is being given** (first aid, CPR, etc.)?

3) Do not hang up until the dispatcher hangs up.

The dispatcher may be able to tell you how to best care for the victim.

4) Continue to care for the victim until professional help arrives.

5) Appoint someone to go to the street and look for the ambulance or fire engine and flag them down if necessary. This saves valuable time. Remember, every minute counts.

ASAP Manual Distribution

This safety manual will be available to all managers, coaches, volunteers, and parents on the [College Station Little League website](#). Additionally, a printed copy will be placed in the Equipment Room at both Bachmann and Wayne Smith Parks.

Volunteers

Volunteers have been the lifeblood of Little League since its inception, and hundreds of local children each year rely on the selfless dedication of adult volunteers to donate their time and talents to give our players the Little League experience. However, to protect the children involved, Regulation I (b) and (c) (8&9) in the current edition of the ***Little League Official Regulations, Playing Rules and Operating Policies***, requires that managers, coaches, board members, and any other persons, volunteers or hired workers, who provide regular service to the league and/or have repetitive access to or contact with players or teams must fill out an application form as well as provide a government-issued photo identification card for ID verification. Anyone refusing to fill out a Volunteer Application is ineligible to be a league member.

College Station Little League requires volunteers to complete a volunteer application through TeamSideline annually. When completing registration, volunteers should upload a copy of their Driver's License or government-issued photo identification card to TeamSideline. Additionally, volunteers are required to submit to a background check through JDP, a company contracted with the Little League organization, to access records for sex offender registry data and other criminal records. Information gathered for background checks and results is considered confidential, protected from public disclosure, and not used for any purpose beyond determining volunteer eligibility. Finally, all on-field personnel shall possess and display in plain view a CSLL-issued volunteer badge for the current season for the entirety of the game (umpires are excluded).

All volunteers are expected to abide by the most current version of the ***Little League Official Regulations, Playing Rules, and Operating Policies*** as well the Code of Conduct as laid out in the College Station Little League Ground Rules Manual. This manual can be viewed on our website at any time.

Volunteer Application

Little League® Volunteer Application - 2020

Do not use forms from past years. Use extra paper to complete if additional space is required.

This volunteer application should only be used if a league is manually entering information into JOP or an outside background check provider that meet the standards of Little League Regulations 1(c)(9). THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JOP QUICKAPP. Visit LittleLeague.org/localBG-check for more information.

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION.

Name: _____ First _____ Middle Name or Initial _____ Last _____ Date _____

Address: _____

City _____ State _____ Zip _____

Social Security # (mandatory) _____

Cell Phone _____ Business Phone _____

Home Phone _____ E-mail Address: _____

Date of Birth _____

Occupation _____

Employer _____

Address _____

Special professional training, skills, hobbies: _____

Community affiliations (Clubs, Service Organizations, etc.) _____

Previous volunteer experience (including baseball/softball and year): _____

1. Do you have children in the program?
If yes, list full name and what level? _____ Yes No

2. Special Certification (CPH, Medical, etc.)? Yes No If yes, list: _____

3. Do you have a valid driver's license?
Driver's License #: _____ State _____ Yes No

4. Have you ever been charged with, convicted of, plead no contest, or guilty to any crime(s) involving or against a minor, or of a sexual nature?
If yes, describe each in full: _____ Yes No
(If volunteer answered yes to Question 4, the local league must contact the Little League International Security Managers)

5. Have you ever been convicted of or plead no contest or guilty to any crime(s) if yes, describe each in full: _____ Yes No
(Answering yes to question 5, does not automatically disqualify you as a volunteer)

6. Do you have any criminal charges pending against you regarding any crime(s)? If yes, describe each in full: _____ Yes No
(Answering yes to question 6, does not automatically disqualify you as a volunteer)

7. Have you ever been refused participation in any other youth programs? If yes, explain: _____ Yes No

In which of the following would you like to participate? (check one or more.)

League Official Umpire Manager Concession Stand

Coach Field Maintenance Scorekeeper Other _____

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:

Name/Phone _____

IF YOU ARE A PARENT THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: www.littleleague.org/STATELAWS

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me and as long as I continue to be active with the organization, which may include a review of law officer registries (where applicable) which contain name only searches which may result in a report being generated that may or may not be me), visit above and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Signature _____ Date _____

If Minor/Parent Signature _____ Date _____

Applicant Name (please print or type) _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer _____

on _____

System(s) used for background check (minimum of one must be checked): _____

Regulation 6(j)(9) Mandates all checks include criminal records and sex offender registry records

• JOP Sex Offender Registry Data and National Criminal
Records check, as mandated in the current season's official regulations

Please be advised that if you use JOP and there is a name match in the flow states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JOP in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

Fundamentals Training

Little League® requires all chartered leagues to provide fundamentals training for representatives from each team, with at least one coach or the manager from each team attending annually. These training sessions should cover a list of coaching fundamentals including pitching, hitting, sliding, and fielding. To meet this requirement, College Station Little League requires all volunteers to complete online training provided by Little League and USA Baseball to learn more about fundamental baseball and keeping our players safe. The training sessions include information about Pure Baseball's Pitch Smart program. This training is to be completed once a year before the beginning of the season. Information about training requirements can be found on our [website](#).

First Aid Training

Similar to the Fundamentals Training, Little League requires at least one coach or manager from each team to complete First Aid training annually. College Station Little League requires its coaches to complete online First Aid as well as Abuse Awareness training through the USA Baseball Development program. All volunteers must complete this training to be eligible to be on the field. This training is to be completed once a year before the beginning of the season. Information about training requirements can be found on our [website](#).

Additionally, the Board of Directors conducts a Team Manager and Coach meeting before the beginning of each season where we discuss the ASAP manual, local safety policies, where to locate first aid kits, how to report an accident, concussion protocols, and other safety measures as needed.

Disclaimer: The following information is not intended as a substitute for professional medical advice, emergency treatment, or formal first-aid training. Don't use this information to diagnose or develop a treatment plan for a health problem or disease without consulting a qualified healthcare provider. If you're in a life-threatening or emergency medical situation, seek medical assistance immediately.

FIRST AID



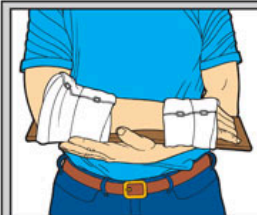
BLEEDING

- Apply direct pressure to the wound using a sterile gauze pad or clean cloth.
- Elevate the injured area above the level of the heart if there is no fracture.
- Cover the dressing with a pressure bandage. If bleeding does not stop apply additional dressings.
- If necessary, apply pressure to the artery with your hand.



BURNS

- Stop the burning. Remove the person from the source of the burn.
- Cool the burn. Hold burned area under cool (not cold or icy) running water or immerse for 10 to 15 minutes. Use cool compresses if water is unavailable.
- Cover the burn. Cover burn with non-adhesive sterile bandage or clean cloth.
- Prevent shock. Lay the person down and elevate the legs.



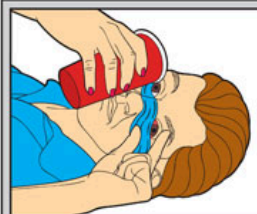
FRACTURES

- Help the person support the injured area. Stop any bleeding by applying pressure with sterile bandage or clean cloth.
- Check for feeling, warmth and color below fracture.
- Immobilize the injured area. Apply a soft or hard splint above and below the fracture.
- Apply ice or cold packs and elevate.
- Treat for shock. Lay the person down and elevate the legs.



SPRAINS

- Rest the ankle or injured area.
- Apply ice or cold packs (wrap in cloth or put cloth under to protect the skin).
- Compress by lightly wrapping an elastic bandage around the injured area.
- Elevate the injured area above heart level to reduce swelling.



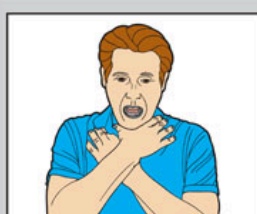
EYE INJURIES

- Don't rub the eye.
- For a foreign particle such as dirt, sand, or sliver of wood or metal have the person pull the upper lid down and blink repeatedly.
- Flush the eye with water.
- For any chemicals in the eyes immediately wash the eyes with lots of water.



SHOCK

- Help the person lie down on his or her back.
- Elevate the feet about 12 inches. If raising the feet causes pain or further injury, keep him or her flat.
- Check for signs of breathing, coughing, or movement, and if absent begin CPR.
- Keep the person warm and comfortable.
- Turn the person on his or her side to prevent choking if the person vomits or bleeds from the mouth.



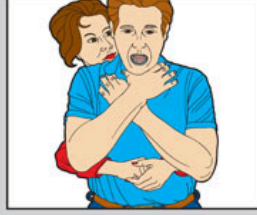
CHOKING

Signs of choking

- The person has hands clutching his or her throat, unable to breathe or talk; or skin, lips, and nails are turning blue.

Perform abdominal thrusts (Heimlich maneuver)

- Stand behind the person. Wrap your arms around the waist.
- Make a fist with one hand. Position it slightly above the person's navel.
- Grab the fist with the other hand. Press hard into the abdomen with a quick inward and upward thrust.
- Perform 5 abdominal thrusts. (Heimlich maneuver)
- If you are alone, perform abdominal thrusts before calling 911. If two people are available, one can call for help while the other performs first aid.
- If the person becomes unconscious, perform CPR.



Clear the airway of obese person or pregnant woman

- Place your hands a little higher than normal.
- Proceed as with the Heimlich maneuver, shoving your fist inward and upward quickly
- Repeat abdominal thrusts until the blockage is dislodged. If the person becomes unconscious, perform CPR.



CPR

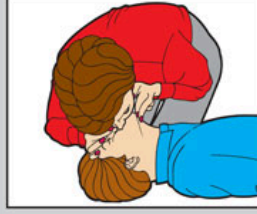
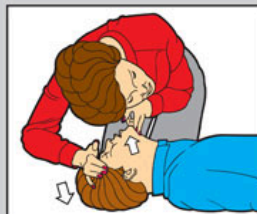
- Check to see if the person is conscious or unconscious.
- If the person doesn't respond and you are alone first call 911, then begin CPR. If two people are available, one should call 911 and the other begin CPR.

Compressions - Begin compressions

- If face down, put the person on his or her back while supporting the head, neck, and back.
- Place the heel of one hand over the person's breastbone. Place the other hand on top of the first hand. Keep your elbows straight.
- Using your upper body push straight down compressing the chest to about 2 inches. Push hard at a rate of 100 compressions per minute.

Airway - Clear the airway

- If trained for CPR, after 30 compressions, open the person's airway your by placing your palm on the person's forehead and gently tilt the head back. With the other hand gently lift the chin forward to open the airway.
- Check for normal breathing, chest motion, and listen for normal breathe sounds.



Breathing - Breathe for the person




- Pinch the nostrils and cover the person's mouth with yours.
- Give the first rescue breath and watch to see if the chest rises. If it does rise give the second breath. If the chest doesn't rise, repeat the head tilt, chin-tilt, and give the second breath.
- Resume chest compressions.
- Continue CPR until there are signs of movement or emergency personnel take over.

CONCUSSION

SIGNS AND TIPS FOR PARENTS AND COACHES

In advance, learn to recognize the symptoms of a concussion:

VISIBLE CLUES

-  Trouble with balance
-  Clutching head
-  Dazed, blank or vacant look

IF YOU SUSPECT A CONCUSSION

- Remove the child from physical or cognitive activity immediately
- If a medical professional isn't onsite, consider transporting by ambulance
- Assess the child for symptoms related to concussion
- Watch for possible symptoms to evolve and take a child who shows symptoms to a health care professional
- Do not return a child to a sport the same day

Children's
MINNESOTA

childrensMN.org/concussion

SIGNS AND SYMPTOMS

-  General confusion
-  Seeing stars, flashing or dark spots
-  Blurred or double vision
-  Slurred speech
-  Headache, dizziness and nausea

SEEK ADDITIONAL CARE IF:



- ✗ Excessive sleepiness, hard to stay awake
- ✗ Vomiting, especially if more than once
- ✗ Severe headache that doesn't go away with rest or medication
- ✗ Loss of consciousness for more than one minute
- ✗ Confusion lasting more than 15 minutes
- ✗ Any seizure activity

Seek emergency care at a facility that has imaging capabilities, such as a CT scan. An urgent care may not have those capabilities.

Heat Illness

Heat exhaustion starts slowly and if not quickly treated can progress to heatstroke. In heatstroke, a child's temperature reaches 105° F (40.5° C) or higher. Heatstroke requires **immediate emergency medical care** and can be fatal.



Signs and Symptoms

Of heat exhaustion:

- increased thirst
- weakness
- fainting
- muscle cramps
- nausea and vomiting
- irritability
- headache
- increased sweating
- cool, clammy skin
- elevation of body temperature to less than 105° F (40.5° C)

Of heatstroke:

- severe headache
- weakness, dizziness
- confusion
- rapid breathing and heartbeat
- loss of consciousness leading to coma
- seizures
- may not be sweating
- flushed, hot, dry skin
- elevation of body temperature to 105° F (40.5° C) or higher



What to Do:

For a child with symptoms of heatstroke, **seek emergency medical care immediately**. In cases of heat exhaustion or while awaiting help for a child with possible heatstroke:

- Bring the child indoors or into the shade immediately.
- Undress the child.
- Have the child lie down; elevate feet slightly.
- If the child is alert, place in cool bath water. If outside, spray the child with mist from a garden hose.
- If the child is alert and coherent, give frequent sips of cool, clear fluids.
- If the child is vomiting, turn onto his or her side to prevent choking.



Think Prevention!

- Teach kids to always drink plenty of fluids before and during any activity in hot, sunny weather – even if they aren't thirsty.
- Make sure kids wear light-colored, loose clothing.
- Do not have your child participate in heavy activity outdoors during the hottest hours of the day.
- Teach kids to come indoors immediately whenever they feel overheated.

Do's and Don'ts of First Aid

DO.....

- Reassure and aid children who are injured, frightened, or lost.
- Provide or assist in getting medical attention for those who need it.
- Know your limitations!
- Carry a first-aid kit to all games and practices.
- Have your player's medical release forms with you at all games and practices.
- Make arrangements to have a cellular phone available at all practices and games that occur at facilities that do not have public phones.
- Report all injuries to the League board ASAP! Contact the League Safety Officer, Player Agent, or President.

Don't.....

- Administer any medications to an injured player.
- Provide any food or beverages to an injured player other than water.
- Hesitate to give aid to injured players when needed.
- Be afraid to ask for help if you are not sure of the proper procedures, i.e. CPR, etc.
- Transport injured players except in extreme emergencies.
- Hesitate to report any potential safety hazard to the League Board or the Umpires in charge of the game.

Field Conditions

Before the start of each practice, coaches should inspect the field for hazards, including holes, rocks, or other foreign objects. In the event a hazard is located on the field, (ie: a hole in the fence, low spot around a base, etc.), please notify the Safety Officer and/or the Board member on duty immediately.

Before the start of each game, the Home Team Manager should inspect the field for hazards, including holes, rocks, or other foreign objects. In the event a hazard is located on the field, (ie: a hole in the fence, the low spot around a base, etc.), please notify the Safety Officer and/or the Board member on duty immediately.

Umpires are also responsible for monitoring field conditions before and during the game as well as ensuring that all Little League and local rules are adhered to by both teams.

In case of conflict or ambiguity, the College Station Little League Ground Rules manual will take precedence.



Umpire Guidelines

North Issaquah, Washington, Little League

Before the Game — Meet at home plate

- Introduce plate and base umpires, managers/coaches
- Receive official lineup cards from each team
- Discuss any local playing rules (time limit, playing boundaries, etc.)
- Discuss the strike zone
- Discuss unsportsmanlike conduct by the players
- Discuss the innings pitched by a pitcher rule
- Clarify calling the game due to weather or darkness
- Inspect playing field for unsafe conditions
- Discuss legal pitching motions or balks, if needed
- Discuss no head-first slides, no on-deck circle rules
- Get two game balls from home team
- Be sure players are not wearing any jewelry
- Be sure players are in uniform (shirts in, hats on)
- Inspect equipment for damage and to meet regulations
- Ensure that games start promptly

During the Game — Umpires and Coaches

- Encourage coaches to help speed play by having catchers and players on the bench prepared and ready to take the field with two outs
- Make sure catchers are wearing the proper safety equipment
- Continually monitor the field for safety and playability
- Pitchers warming up in foul territory must have a spotter and catcher with full equipment
- Keep game moving — one minute or eight pitches to warm up the pitcher between innings or in case of mid-inning replacement
- Make calls loud and clear, signalling each properly
- Umpires should be in position to make the call
- No protesting of any judgment calls by the umpire
- Managers are responsible for keeping their fans and players on their best behavior
- Encourage everyone to think "Safety First!"

Copy and provide to umpires for reference.

Little League Facility Survey

Before the start of the season, College Station Little League and/or the City of College Station Parks and Rec department examines the following areas on each field:

Fencing

- Check for holes or loose areas
- Check gates into fields and dugouts for proper operation
- Check for jagged or unsafe sections

Outfield

- Check for holes, rocks or other foreign objects
- Check all sprinkler heads for proper spray and distance of spray
- Check for cracks or areas where new sod needs to be installed

Infield

- Check for low spots in the dirt area
- Check bases and anchors for condition and proper operation
- Check the pitcher's mound for proper slope
- Check the home plate for curled edges, cracks, etc.
- Check safety netting for holes, tears, or lack of tension
- Check all sprinkler heads for proper spray and distance of spray

Dugouts

- Check for damaged benches, bat racks, and helmet racks
- Check the roof for leaks or loose sections

Restrooms

- Check commodes and urinals for proper function
- Check sinks for water flow and proper drainage
- Check stall doors for proper functioning and locking

- Check proper hand-washing signs are visible

Lighting (Assisted by City of College Station Electricians)

- Check for burnt-out light bulbs
- Check the alignment of lights to eliminate shadows and dark spots
- Check poles for cracks, proper anchors, and grounding
- Check wiring for damage splitting or loose connections Bleacher Area
- Check for cracked or damaged seats or steps
- Check handrails for damage and proper support
- Check concrete for cracks or other damage
- Check overhead coverings for holes or loose sections
- Additionally, the lights are tested and inspected at a minimum of four times a year during Jan, April, July, and October, not to mention multiple times throughout the season. The City of College Station has a licensed electrician on contract to check and make repairs to lighting as well as a foot-candle meter purchased from Musco Sports Lighting to ensure the foot-candle measurements are well above recommended levels.

Concession Stand

College Station Little League outsources its concession stands to Chill Out Concessions. Chill Out Concessions is responsible for the day-to-day operation of both stands along with making sure each stand is up to code and passes the Brazos County Health Department health inspection. Chill Out Concessions has its own operations manual in both stands.

CSLL has placed the following documents inside each stand:

- Phone Number for Police, Fire, and EMS = **911**
- Complete list of contact phone numbers for all Board Members
- Proper hand washing instructions by sinks
- "Food Safety for Food Vendors" Document
- A copy of the CSLL Safety Plan
- Extra incident forms



Food Safety for Food Vendors

Rebecca Dittmar*

Planning to feed a lot of people?

If you intend to set up a temporary food establishment, state law requires that you follow established food safety practices. Also, most local health authorities require a permit and may have additional safety requirements for food vendors and the booths themselves. These regulations apply to booster clubs, PTOs, little leagues, or nonprofit organizations involved with one-time, seasonal, or special events where they will serve food.

Contact your local health department to find out about local food sales, preparation and safety regulations.

Foodborne Illness

Foodborne illness is caused by harmful germs in food. When food is not handled and served properly, germs can contaminate the food and multiply very quickly. When food that is contaminated with bacteria is served, anyone can get sick. However, people that are especially at risk include young children, pregnant women, the elderly, and the chronically ill. That is why it is

important to follow established food safety guidelines.

Cross Contamination

Cross contamination occurs when germs and other contaminants are transferred from raw products to the prepared food you serve. Cross contamination can easily be prevented by:

- ▶ Practicing good personal hygiene.
- ▶ Keeping hands and food preparation surfaces clean.
- ▶ Using gloves to handle food.
- ▶ Keeping foods that are to be served raw separate from cooked foods.
- ▶ Using separate equipment for preparing fish, meats and poultry.

*Extension Associate FPM, Foods and Nutrition,
The Texas A&M System



Hand and Dish Washing

In order to prevent cross contamination and foodborne illness, you must keep your hands and equipment clean. The facility must have an approved flowing water supply, such as a sink or container of water with a spigot with which to wash hands and equipment. Some rules to follow are:

- ▶ Wash hands often with soap and warm water for 20 seconds, then apply a hand sanitizer.
- ▶ Use a three compartment sink or three basins to wash, rinse, and sanitize your equipment.

Wash in water with detergent at a minimum of 110 degrees F.

Rinse in clean hot water to remove suds and cleaner.

Sanitize in water with sanitizer at a minimum of 75 degrees F for one minute.

Temperature

Another way to prevent food borne illness is to cook and hold foods at the proper temperature. Foods should be cooked to the correct internal temperatures:

Food	Minimum internal temperature
Poultry	165 °F
Ground Meats	155 °F
Pork	145 °F
Other Meats	145 °F

Remember to keep hot foods hot and cold foods cold! Potentially hazardous foods such as hot dogs, hamburgers, beans, potato salad, or any food containing milk products, eggs, meat, or seafood should be kept out of the temperature danger zone (from 41 °F to 135 °F).

Contact Info:

For more information please contact the Texas Department of State Health Services, Food Establishment Group at 512-834-6753 or visit their Web site at <http://www.dshs.state.tx.us/foodestablishments>.

Local Contact:

Need a Food Handler's card/permit? Take our accredited training online at <http://foodsafetyonline.tamu.edu>

Texas A&M AgriLife Extension Service AgriLifeExtension.tamu.edu

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The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

EMPLOYEES MUST WASH HANDS BEFORE RETURNING TO WORK



1. Wet hands with running water, (at least 100°F [38°C])



2. Apply soap



3. Vigorously scrub lathered fingers, fingertips, between fingers, and



scrub hands and arms for at least 10 to 15 seconds



4. Rinse under clean running water



5. Dry cleaned hands and arms

Texas Department of State Health Services
Food Establishments Group
1100 W. 49th Street
Austin, TX 78756
<http://www.dshs.state.tx.us/foodestablishments>



Distributed By: Texas AgriLife Extension Service

Equipment Check

Before the start of each season, the CSLL Equipment Manager and Safety Officer will conduct a routine inspection of all equipment. Any equipment that does not meet Little League regulations will be properly disposed of and replaced with new equipment.

Equipment issued by CSLL:

CSLL provides equipment to coaches for practices and games. For the Tee Ball divisions, each Team Manager will pick up a bag for their team. The bag will include equipment for use in practice as suggested in the Little League Tee Ball Training Manual, catcher's gear, bases, batting helmets, Tee Ball baseballs, a tee, and a first aid kit.

For the other divisions, two equipment bags for each field will be provided in the facility's equipment room. The Team Manager who plays on the field first will be responsible for bringing the bags to the field. The Team Manager who plays on the field last will be responsible for gathering all the equipment back in the bags and returning them to the facility's equipment room. Each team is responsible for returning the equipment used to the bags when they are finished.

Coaches should inspect their equipment before each practice and game. Notify the CSLL Safety Officer, Equipment Manager or Board Member on Duty of any equipment issues.

Pre-Game Equipment Inspection:

Additionally, before the start of any game, it is the responsibility of the umpires to inspect the condition of the playing equipment to be used by the players participating in the ensuing game. To do so thoroughly and effectively, the home plate umpire and his partner(s) are to examine each of the bats to be used, batting helmets that may be worn, and the equipment to be worn by the catcher, including the helmet, chest protector and shin guards. The batting helmets must be affixed with the NOCSAE symbol, be free of cracks or other visible damage, and all of the internal padding must not be missing, tattered, torn, or frayed.

All baseball bats to be used in the Major Division and below must be affixed with the USABat Standard marking, and deemed to be per Little League Rule 1.10 as outlined in the current edition of the Little League Rules, Regulations, and Policies. In Little League Baseball Intermediate 50/70, Junior, and Senior Divisions BBCOR bats are permitted. In each instance, all bats that may be used in the ensuing game must be void of any physical damage, or an altered state, that would prevent the bat from complying with the USABat Standard.

Like all applications of Little League rules, decisions are made per the current rules, regulations, and policies, and in conjunction with the judgment of the umpires. It is the responsibility of the team manager to understand this process, and why it is to be done before each game throughout the regular season.

Accident Reporting

If a player is injured during a game or practice that may or may not require medical attention, Team Managers, Coaches, or the Board Member on Duty should follow these steps:

- Administer any initial first aid treatment (if necessary)
- Contact the player's parent or legal guardian if they are not onsite at the time of the incident
- Document the incident with as much detail as possible on the [ASAP Incident/Injury Tracking Report](#). This report should be submitted to the CSLL Safety Officer within 48 hours of the incident.
- If medical attention is needed, direct the player's parent or legal guardian to the [Accident Notification Claim Form](#) and [instructions](#) on our website, and explain College Station Little League's Accident Insurance through the AIG group program for Little League.
- If a player misses 7 or more continuous days of participation, a physician or other accredited medical provider must give written permission for a full return to baseball/softball activity.
- In cases involving a possible concussion, the league must adhere to Texas state law to remove the player and return to play protocols after being released by a physician. It is recommended a player suspected of sustaining a concussion be removed for at least the remainder of that day and then comply with state law for return-to-play guidelines.

All injuries are to be taken seriously, and volunteers serving as Team Managers and Coaches are responsible for making the health and safety of the players the top priority. During all Little League functions, where a team of players is participating as a group, it is the responsibility of the Team Managers and Coaches to be advocates for safe behavior for each of the players on their team.

The Safety Officer will notify the President of the situation and forward a copy of the report to the President. CSLL will maintain all completed incident/injury forms in a secure location. All incident/injury forms will be forwarded to the District 33 office and Little League Headquarters within 20 days of the accident.

For Local League Use Only

Activities/Reporting

**A Safety Awareness Program's
Incident/Injury Tracking Report**

League Name: _____ League ID: ____ - ____ - ____ Incident Date: _____

Field Name/Location: _____ Incident Time: _____

Injured Person's Name: _____ Date of Birth: _____

Address: _____ Age: _____ Sex: Male Female

City: _____ State _____ ZIP: _____ Home Phone: () _____

Parent's Name (If Player): _____ Work Phone: () _____

Parents' Address (If Different): _____ City _____

Incident occurred while participating in:

- A.) Baseball Softball Challenger TAD
- B.) Challenger T-Ball Minor Major Intermediate (50/70)
 Junior Senior Big League
- C.) Tryout Practice Game Tournament Special Event
 Travel to Travel from Other (Describe): _____

Position/Role of person(s) involved in incident:

- D.) Batter Baserunner Pitcher Catcher First Base Second
 Third Short Stop Left Field Center Field Right Field Dugout
 Umpire Coach/Manager Spectator Volunteer Other: _____

Type of injury: _____

Was first aid required? Yes No If yes, what: _____

Was professional medical treatment required? Yes No If yes, what: _____
(If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of incident and location:

- A.) On Primary Playing Field
 Base Path: Running *or* Sliding
 Hit by Ball: Pitched *or* Thrown *or* Batted
 Collision with: Player *or* Structure
 Grounds Defect
 Other: _____
- B.) Adjacent to Playing Field
 Seating Area
 Parking Area
C.) Concession Area
 Volunteer Worker
 Customer/Bystander
- D.) Off Ball Field
 Travel:
 Car *or* Bike *or*
 Walking
 League Activity
 Other: _____

Please give a short description of incident: _____

Could this accident have been avoided? How: _____

This form is for local Little League use only (should not be sent to Little League International). This document should be used to evaluate potential safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all Accident claims or injuries that could become claims to any eligible participant under the Accident insurance policy, please complete the Accident Notification Claim form available at http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf and send to Little League International. For all other claims to non-eligible participants under the Accident policy or claims that may result in litigation, please fill out the General Liability Claim form available here: http://www.littleleague.org/Assets/forms_pubs/asap/GLClaimForm.pdf.

Prepared By/Position: _____ Phone Number: (____) _____

Signature: _____ Date: _____



LITTLE LEAGUE® BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Send Completed Form To:
 Little League® International
 539 US Route 15 Hwy, PO Box 3485
 Williamsport PA 17701-0485
Accident Claim Contact Numbers:
 Phone: 570-327-1674

Accident & Health (U.S.)

1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. **Limited** deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
6. Accident Claim Form must be fully completed - including Social Security Number (SSN) - for processing.

League Name			League I.D.		
Name of Injured Person/Claimant		SSN	Date of Birth (MM/DD/YY)		Age
Name of Parent/Guardian, if Claimant is a Minor		Home Phone (Inc. Area Code)	Bus. Phone (Inc. Area Code)		Sex <input type="checkbox"/> Female <input type="checkbox"/> Male
Address of Claimant			Address of Parent/Guardian, if different		

The Little League Master Accident Policy provides benefits in **excess** of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No

Date of Accident	Time of Accident	Type of Injury
	<input type="checkbox"/> AM <input type="checkbox"/> PM	

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in **each** column:

- | | | | | |
|---|---|---|---|---|
| <input type="checkbox"/> BASEBALL | <input type="checkbox"/> CHALLENGER (4-18) | <input type="checkbox"/> PLAYER | <input type="checkbox"/> TRYOUTS | <input type="checkbox"/> SPECIAL EVENT (NOT GAMES) |
| <input type="checkbox"/> SOFTBALL | <input type="checkbox"/> T-BALL (4-7) | <input type="checkbox"/> MANAGER, COACH | <input type="checkbox"/> PRACTICE | <input type="checkbox"/> SPECIAL GAME(S) (Submit a copy of your approval from Little League Incorporated) |
| <input type="checkbox"/> CHALLENGER | <input type="checkbox"/> MINOR (6-12) | <input type="checkbox"/> VOLUNTEER UMPIRE | <input type="checkbox"/> SCHEDULED GAME | |
| <input type="checkbox"/> TAD (2ND SEASON) | <input type="checkbox"/> LITTLE LEAGUE (9-12) | <input type="checkbox"/> PLAYER AGENT | <input type="checkbox"/> TRAVEL TO | |
| | <input type="checkbox"/> INTERMEDIATE (50/70) (11-13) | <input type="checkbox"/> OFFICIAL SCOREKEEPER | <input type="checkbox"/> TRAVEL FROM | |
| | <input type="checkbox"/> JUNIOR (12-14) | <input type="checkbox"/> SAFETY OFFICER | <input type="checkbox"/> TOURNAMENT | |
| | <input type="checkbox"/> SENIOR (13-16) | <input type="checkbox"/> VOLUNTEER WORKER | <input type="checkbox"/> OTHER (Describe) | |
| | <input type="checkbox"/> BIG (14-18) | | | |

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.

I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)

Name of League	Name of Injured Person/Claimant	League I.D. Number
Name of League Official		Position in League
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()

Were you a witness to the accident? Yes No
Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<input type="checkbox"/> 01 1ST	<input type="checkbox"/> 01 ABRASION	<input type="checkbox"/> 01 ABDOMEN	<input type="checkbox"/> 01 BATTED BALL
<input type="checkbox"/> 02 2ND	<input type="checkbox"/> 02 BITES	<input type="checkbox"/> 02 ANKLE	<input type="checkbox"/> 02 BATTING
<input type="checkbox"/> 03 3RD	<input type="checkbox"/> 03 CONCUSSION	<input type="checkbox"/> 03 ARM	<input type="checkbox"/> 03 CATCHING
<input type="checkbox"/> 04 BATTER	<input type="checkbox"/> 04 CONTUSION	<input type="checkbox"/> 04 BACK	<input type="checkbox"/> 04 COLLIDING
<input type="checkbox"/> 05 BENCH	<input type="checkbox"/> 05 DENTAL	<input type="checkbox"/> 05 CHEST	<input type="checkbox"/> 05 COLLIDING WITH FENCE
<input type="checkbox"/> 06 BULLPEN	<input type="checkbox"/> 06 DISLOCATION	<input type="checkbox"/> 06 EAR	<input type="checkbox"/> 06 FALLING
<input type="checkbox"/> 07 CATCHER	<input type="checkbox"/> 07 DISMEMBERMENT	<input type="checkbox"/> 07 ELBOW	<input type="checkbox"/> 07 HIT BY BAT
<input type="checkbox"/> 08 COACH	<input type="checkbox"/> 08 EPIPHYSES	<input type="checkbox"/> 08 EYE	<input type="checkbox"/> 08 HORSEPLAY
<input type="checkbox"/> 09 COACHING BOX	<input type="checkbox"/> 09 FATALITY	<input type="checkbox"/> 09 FACE	<input type="checkbox"/> 09 PITCHED BALL
<input type="checkbox"/> 10 DUGOUT	<input type="checkbox"/> 10 FRACTURE	<input type="checkbox"/> 10 FATALITY	<input type="checkbox"/> 10 RUNNING
<input type="checkbox"/> 11 MANAGER	<input type="checkbox"/> 11 HEMATOMA	<input type="checkbox"/> 11 FOOT	<input type="checkbox"/> 11 SHARP OBJECT
<input type="checkbox"/> 12 ON DECK	<input type="checkbox"/> 12 HEMORRHAGE	<input type="checkbox"/> 12 HAND	<input type="checkbox"/> 12 SLIDING
<input type="checkbox"/> 13 OUTFIELD	<input type="checkbox"/> 13 LACERATION	<input type="checkbox"/> 13 HEAD	<input type="checkbox"/> 13 TAGGING
<input type="checkbox"/> 14 PITCHER	<input type="checkbox"/> 14 PUNCTURE	<input type="checkbox"/> 14 HIP	<input type="checkbox"/> 14 THROWING
<input type="checkbox"/> 15 RUNNER	<input type="checkbox"/> 15 RUPTURE	<input type="checkbox"/> 15 KNEE	<input type="checkbox"/> 15 THROWN BALL
<input type="checkbox"/> 16 SCOREKEEPER	<input type="checkbox"/> 16 SPRAIN	<input type="checkbox"/> 16 LEG	<input type="checkbox"/> 16 OTHER
<input type="checkbox"/> 17 SHORTSTOP	<input type="checkbox"/> 17 SUNSTROKE	<input type="checkbox"/> 17 LIPS	<input type="checkbox"/> 17 UNKNOWN
<input type="checkbox"/> 18 TO/FROM GAME	<input type="checkbox"/> 18 OTHER	<input type="checkbox"/> 18 MOUTH	
<input type="checkbox"/> 19 UMPIRE	<input type="checkbox"/> 19 UNKNOWN	<input type="checkbox"/> 19 NECK	
<input type="checkbox"/> 20 OTHER	<input type="checkbox"/> 20 PARALYSIS/ PARAPLEGIC	<input type="checkbox"/> 20 NOSE	
<input type="checkbox"/> 21 UNKNOWN		<input type="checkbox"/> 21 SHOULDER	
<input type="checkbox"/> 22 WARMING UP		<input type="checkbox"/> 22 SIDE	
		<input type="checkbox"/> 23 TEETH	
		<input type="checkbox"/> 24 TESTICLE	
		<input type="checkbox"/> 25 WRIST	
		<input type="checkbox"/> 26 UNKNOWN	
		<input type="checkbox"/> 27 FINGER	

Does your league use batting helmets with attached face guards? YES NO
If YES, are they Mandatory or Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date	League Official Signature
------	---------------------------

First Aid Kits

First aid kits are located in both equipment rooms at Bachmann Park as well as the equipment room at Wayne Smith Park. These kits are routinely maintained by Affirmed Medical Service (phone: 979-255-3962). Please let the Safety Officer or Board Member on Duty know if the kit is low on supplies.

For the Tee Ball divisions, each Team Manager will be issued an equipment bag for their team which includes a first aid kit. The Team Manager is responsible for notifying the Safety Officer or Equipment Manager if the kit gets low on supplies during the season. The Equipment Manager should also be notified of the state of the first aid kit when the equipment bag is returned after the conclusion of each season.

Enforcement of Little League Rules

College Station Little League expects all volunteers to abide by the most recent edition of the ***Little League Official Regulations, Playing Rules, and Operating Policies***. Team Managers are given a copy of the current rule book at the Team Managers and Coach's meeting before each season. In addition, CSLL has outlined our local ground rules in the [College Station Little League Ground Rules Manual](#). This manual is located on our website and copies can be found in the equipment rooms at each park.

General Safety Rules & Guidelines

- Team Managers and Coaches are expected to enforce rules at practices as well as games.
- The Little League rules shall define the rules of play for a game. The Umpire-in-Chief shall have sole discretion for making judgment calls during a game.
- Cell phone use is not permitted on the playing field or in the dugout during a game.
- No food is allowed in the dugout or on the field of play during a game.
- Only uniformed players, managers, and coaches are permitted in the dugout during a game. Batboys and/or batgirls are not permitted.

- Siblings of players shall not enter the field or dugout during games or practices
- Players must not wear watches, rings, pins, jewelry, or other metallic items. Jewelry that alerts medical personnel to a specific condition is permissible (LL Rule 1.11(j)).
- Batters and runners shall wear a protective helmet approved by NOCSAE (see LL Rule 1.16).
- Pitching machines, if used, must be in good working order (including extension cords, outlets, etc.) and must be operated by adult managers and coaches only.
- Players who wear glasses should be encouraged to use “Safety Glasses.”
- There will be NO on-deck batters permitted on the playing fields (LL Rule 1.08). Practice swings of the bat are allowed only in designated areas of the dugouts.
- Only the first batter of each half-inning will be permitted outside the dugout between half-innings.
- Catchers must wear the following equipment during a game and when warming up a pitcher:
 - long-type chest protector,
 - throat guard,
 - shin guards protective mask with helmet, and
 - catcher’s mitt.
- Catchers are required to use a catcher’s mitt during games and when warming up a pitcher. If a catcher is left-handed, the Team Manager is responsible for contacting the Equipment Manager to arrange for a left-handed catcher’s mitt.
- A player shall not be permitted to play the catcher position without the proper equipment.
- The first baseman may use a first-baseman’s mitt or a regular fielder’s glove.
- All bats must meet [Little League specifications](#).
- All fields must have bases that disengage their anchor as required by Little League rules.

Lightning/Hazardous Weather Policy

Lightning or hazardous weather is deemed imminent if any of the following exists:

1. Thunder is heard
2. A lightning strike within 10 miles is observed. Observation can include
 - a. Witnessing the strike visibly hit an area that is known to be within 10 miles
 - b. Utilizing an application such as Weather Bug or other apps that detect a strike within 10 miles
3. Devices installed by the city sound a warning sign that conditions are right for lightning or that lightning has been detected. (One alert and/or a blinking light)
4. A tornado warning or watch is issued for an area that includes field
5. A thunderstorm warning is issued for an area that includes the field

If lightning or hazardous weather becomes imminent all participants and other attendees present shall seek a lightning-safe structure.

According to the National Weather Service, a **lightning-safe structure** is either a substantial building (one with plumbing and wiring such as a home, school, church, office building, indoor concourse, or recreation center) or an enclosed metal vehicle. At this time, no structures at Bachmann, Wayne Smith, or Bee Creek parks have been determined to be lightning-safe. Therefore, participants and attendees shall evacuate the field and find shelter in an enclosed metal vehicle.

Before the Event,

The board member on duty at Bachmann Park, in conjunction with the board member on duty at Wayne Smith and the president of the league or another designated board member, shall monitor weather-related threats for the day and make every attempt to cancel any scheduled event before anyone shows up at the fields if lightning or hazardous weather is imminent. The goal here is not to overreact but to know that the majority of our members would rather know early and not be forced to come to the park and then have the event canceled. If lightning or hazardous weather becomes imminent within 30 or fewer minutes of the start time, the event will be canceled and may be rescheduled. No event will start under a delay due to lightning or hazardous weather being imminent.

Therefore, any event, for example, scheduled to begin at 5:50 p.m. will be canceled if lightning or hazardous weather becomes imminent anytime at or after 5:20 p.m. up until the end of the game. This will not necessarily cancel the second event of the evening. However, any event scheduled to start at 7:30 p.m. will be canceled if lightning or hazardous weather becomes imminent anytime at or after 7:00 p.m. up until the end of the game.

During the Event

If lightning or hazardous weather during an event is a possibility but not imminent, the board member on duty at each park will inform umpires and coaches of the possibility and what actions will be taken if it becomes imminent. Time must be taken here to reduce the amount of time that will be necessary if lightning or hazardous weather becomes imminent.

If lightning or hazardous weather becomes imminent during a game or other scheduled event, the event shall be canceled and all participants and other attendees shall seek a lightning-safe structure. The board member on duty shall inform the umpires and/or coaches on each field, the coaches on the Tee Ball fields, and the concession stand staff of the decision and communicate with them that they are required to seek a lightning-safe structure and that the game is canceled.

Once the decision is made to cancel an event, the board member on duty does not have time to debate this decision with any umpire or coach due to the number of fields to which the board member must pass along this information.

If on duty at Bachmann, the board member shall inform the umpires and/or coaches on fields 1-4, then the concession staff, then the coaches at the tee ball fields, then the umpires and/or coaches at fields 5 and 6, making sure that each knows the policy.

Rescheduling of events that are canceled will be handled with a different operating policy.



Notes from the National Weather Service

- *There is no safe place outside when thunderstorms are in the area.* If you hear thunder you are likely within striking distance of the storm. Just remember, “**When Thunder Roars, Go Indoors!**”
- A **lightning-safe structure** is either a *substantial* building (one with plumbing and wiring such as a home, school, church, office building, indoor concourse, or recreation center) or an enclosed metal vehicle. Once inside, stay away from showers, sinks, bathtubs, and electric equipment such as stoves, radios, corded telephones and computers.
- **Unsafe buildings** include carports, open garages, covered patios, picnic shelters, beach pavilions, golf shelters, tents of any kind, baseball dugouts, sheds, and partially enclosed vending areas.
- A **safe vehicle** is any fully enclosed metal-topped vehicle such as a hard-topped car, minivan, bus, truck, etc. While inside a vehicle, do not open any windows and do not use electronic devices such as radio communications or touch metal framework during a thunderstorm.
- **Unsafe vehicles** include golf carts, convertibles, motorcycles, or any other open-cab vehicle
- **Severe Thunderstorm Warnings are not issued based on lightning.** All thunderstorms produce thunder and lightning and are potentially deadly. A **Severe Thunderstorm Watch** or a **Tornado Watch** is issued when conditions are favorable for the development of severe storms (wind gusts above 58 MPH, quarter-size hail or larger, or tornadoes). A **Severe Thunderstorm or Tornado Warning** is issued when severe weather has been detected or may be imminent.

- Most victims survive a lightning strike; however medical attention is needed immediately. Have someone call 911. Victims do not carry an electrical charge and can be touched. In many cases, the victim's heart and/or breathing may stop, and rescue breathing and/or CPR may be needed. Monitor the victim until medical help arrives; heart and/or respiratory problems could persist, or the victim could go into shock. If possible, move the victim to a safer place away from the threat of another lightning strike.
- Lightning can strike outside of the rain area or thunderstorm cloud. In extreme cases, "bolts from the blue" can strike 10-15 miles from the thunderstorm. Don't wait for rain to get to a safe structure and don't leave the safe structure just because the rain has let up.
- Many lightning casualties occur because people do not seek a safe structure soon enough. Not wanting to appear overly cautious, many people wait far too long before reacting to this potentially deadly weather threat.
- Don't hesitate to stop the event and have patrons seek a lightning-safe structure if the sky appears threatening (especially if your weather watcher knows thunderstorms are a possibility). Thunderstorms can develop directly overhead and some storms may develop lightning just as they move into your area.
- Only about 10% of people who are struck by lightning are killed, leaving 90% with various degrees of disability, including life-long debilitating injuries.